## **Post Treatment Home care**

- 1. Wash your face thoroughly 2-4 hours after treatment. Gently wash the face with tepid water and a gentle cleanser to remove all serum and other residue from treatment. This will improve the appearance of the skin and allow for better absorption of post procedure serum. Makeup may be worn over Stratacel film dressing.
- 2. Avoid alcohol based toners for 10-14 days
- 3. Avoid direct and extended sun exposure for 10-14 days
- 4. For the first 1-3 days post treatment the skin may feel very dry and tight. Some flaking is normal. Gentle cleansing no more that 2x's per day & use of quality hydrating products will help relieve these symptoms. Use sunscreen daily.
  - **Recommended post care products include:** Stratacel, SkinBetter Science Alto antioxidant, Revision Gentle Cleanser, Revision Hydrating Serum, Revision Intellishade with SPF 45. Other products may be recommended for your particular skin type as necessary.
- 5. After 2-3 days you may return to your regular skin care regime. If your skin is still sensitive do not use any exfoliating products. Vitamin A products are recommended as soon as it is comfortable to do so.
  - Recommended products to increase & maintain your results: Revision Papya Enzyme Cleanser, SkinBetter Science Alto, SkinBetter Science Alpha Ret, SkinBetter Science Daily Treatment Cream, SkinBetter Science Lines & Revision Intellishade.

## What to Expect:

**Immediately post treatment**: *Immediate skin reactions vary due to personal reaction as well as the degree of intensity of the treatment performed*. Your skin will be light pink to red depending on skin type and sensitivity. You will also experience a slight tingling or "hot" feeling of the skin similar to a sunburn. Your skin will feel tight. These symptoms usually resolve within 1-2 hours after treatment but can take up to 24 hours.

**Day 1**: (same day as treatment) Some mild erythema (redness) may linger. You may also notice small pinpoint areas of micro-crusting. These may look like tiny red dots or scabs. Do not pick or scrub at these areas. Makeup & Sunscreen can be worn over Stratacel film dressing.

**Day 2**: In some cases, slight swelling may be observed. Red or pink hue can linger like a slight sunburn. Mild peeling may be experienced

**Day 3**: Although some pink may linger, most people will notice skin returning to a normal color. Swelling is subsided and peeling is lessened. Normal skin care and makeup routines can be resumed as long as all sensitivity has resolved.

Please call 928.255.5440 with any questions or concerns.

SKIN & LASER www.juntoskinandlaser.com